



# SPA SERVICES MENU



## INTRODUCTION

Vassa Spa at Sensatori Resorts Jamaica has been created with a serene, exquisite, elegant and smooth architectural design for your complete relaxation.

Discover the Spa for a total well-being experience and relax in your own sanctuary.

Inspired on traditions, philosophy and state-of-art from around the world, Vassa Spa has created a selection of treatments that restores your inner equilibrium.

Unwind your stress and let yourself enjoy the ancient healing rituals, filled with oils, aromatic herbs and spices. Get on this inner trip that will lead you directly to a serene and peaceful setting.

Vassa Spa provides an original Spa experience for children meaning all the family members will rejoice in this magical space.

The Bride-to-be can relax with our special Rituals for Brides packages in a private wedding space, with all her needs covered on the most important day of her life.

# WELL-BEING THROUGH THE RITUAL OF HYDROTHERAPY

## Facilities with special Essences

- Steam room
- Pool
- Refreshing Shower
- Sauna
- Relaxation Lounge

## Ritual Water Journey

A sensory journey for your body floating, through different experiences of water, alternating hot and cold phases, followed by relaxation with tea, regional drinks and dried fruits which will guide you to a deep feeling of well-being.

Prepare your body and relax your mind through our guided hydrotherapy routine Vassa Spa journey of water, and benefit from the treatments we have selected.

### Hydrothermal Ritual (40 to 60 min)

- Start the Hydrotherapy Circuit with a shower.
- Detox your body at the Sauna or Steam room.
- Continue with a refreshing bath in the "Shower of Sensations".
- Relax in the Hydro cannon pool.
- Refresh with a cold and scented towel.
- Rest after each hot-cold phase and drink fresh water or herbal tea.
- Energize your body with a spa treatment.
- Admission fee subject to spa reservation.
- Spa Admission fee per day \$35.00 USD.

## WELLNESS RITUALS

Enjoy our selection of the best massage treatments from around the world and you will be alleviated from fatigue and muscle pain. Enjoy our warm welcome rituals and the mystical sounds of ending rituals.

# FACIALS

Nothing expresses more our vitality and brightness than the skin of our face. At Vassa Spa we offer the most state-of-the-art moisturizing, nourishing and cell regeneration treatments due to our European products and technology for skin care.

## Hydrating Facial Treatment by Natura Bisse®

Give back natural beauty to your face with the Three Rs philosophy: Renew, Replenish, and Repair. A deep, smooth exfoliation will eliminate dead skin cells, and prepare your skin for this hydrating treatment, ready to absorb its hydro-intensive ingredients. Ingredients such as Natural Moisturizing Factor and Vitamin A help replenish and preserve your skin's moisture, repairing your skin's natural hydration processes, maintaining the optimum balance between hydration and protection.

50 min

## Facial Deep hydration "The Cure" by Natura Bisse®

Detoxifying enzymatic cure. A thoroughly cleansing protocol based on a cutting-edge thermo-active enzymatic detoxification: enzymatic heat that opens and softens the pores while the refreshing botanical elements included in the formula close and purify them. Extractions are expertly performed through a nearly imperceptible extraction technique while the nano-stimulating mask with a deliciously foamy texture efficiently releases its moisturizing, soothing and revitalizing effects on the skin. The final touch is a tinted hydrating veil that provides a radiant and luminous appearance.

80 min



## Vitamin "C" Facial (Citrus Esencia) by Natura Bisse® (Signature Treatment)

Do something good for your skin, give it a boost of energy with 100% pure Vitamin C. This anti-oxidant treatment relieves sun-damaged skin and helps fight the signs of premature aging. A reparative serum, containing a high concentration of vitamin C, is formulated to improve appearance and stimulate collagen production to renew skin's firmness. This treatment provides an extraordinary experience for your skin by drenching it with essential vitamins and nutrients. Skin will emerge nourished and revitalized.

50 min

## Gents Facial by Natura Bisse®

Skincare for men.

This stimulating treatment was specifically designed for male skin to counteract the effects of under-eye circles, lack of time, stress and daily shaving which results in dull, lifeless skin. This exclusive combination of highly effective products adapts to the needs of each skin type while the comforting massages for the scalp, neck and shoulders will transport you to a state of profound relaxation. Inspired by the techniques used by traditional barbers who comforted the skin during the shaving process, the treatment will provide your skin with a clean, youthful and revitalized appearance.

50 min

## Refreshing "Vassa" Facial by Natura Bisse®

A speedy recovery for your skin. Refreshes, purifies and helps your skin to maintain its natural shine.

25 min

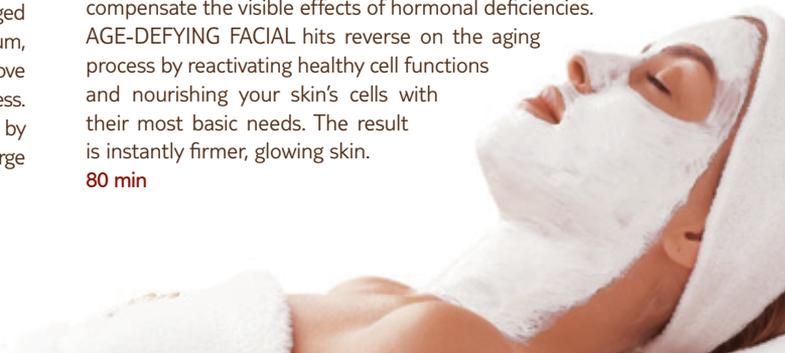
## Age-Defying Facial by Natura Bisse®

Switch the gears on the aging process.

Sagging skin, fine lines and a dull tone are often tied to mature skin. The AGE-DEFYING FACIAL is all about active ingredients to zero-in on these stubborn signs of aging. This facial is a structure repair treatment that addresses the underlying problems of aging at the skin's cellular level. Targeted ingredients such as key amino acids, A-E-C Vitamins and acting in the deep layers of the skin to compensate the visible effects of hormonal deficiencies.

AGE-DEFYING FACIAL hits reverse on the aging process by reactivating healthy cell functions and nourishing your skin's cells with their most basic needs. The result is instantly firmer, glowing skin.

80 min



## TRADITIONAL THERAPIES

Nothing more expresses the vitality and brightness of your body. At Vassa Spa we offer the most state-of-the-art moisturizing, nourishing and cell regeneration treatments due to our European products and technology for skin care.

### Basic massage

Select the area of your choice.

- Back and neck massage
- Massage in legs and feet
- Acupressure, head, shoulders and neck.

25 min

### Serenity Massage

The natural mixtures of sunflower and essence oils of this natural massage, cultivates a sense of deep serenity and calm. This gentle massage will help you to release tension. Acupressure will be applied according to your needs. Four-hand version, add 30%.

50 / 80 min

### Additional Techniques

Prenatal Massage 50 min

Deep Tissue Massage 50/80 min

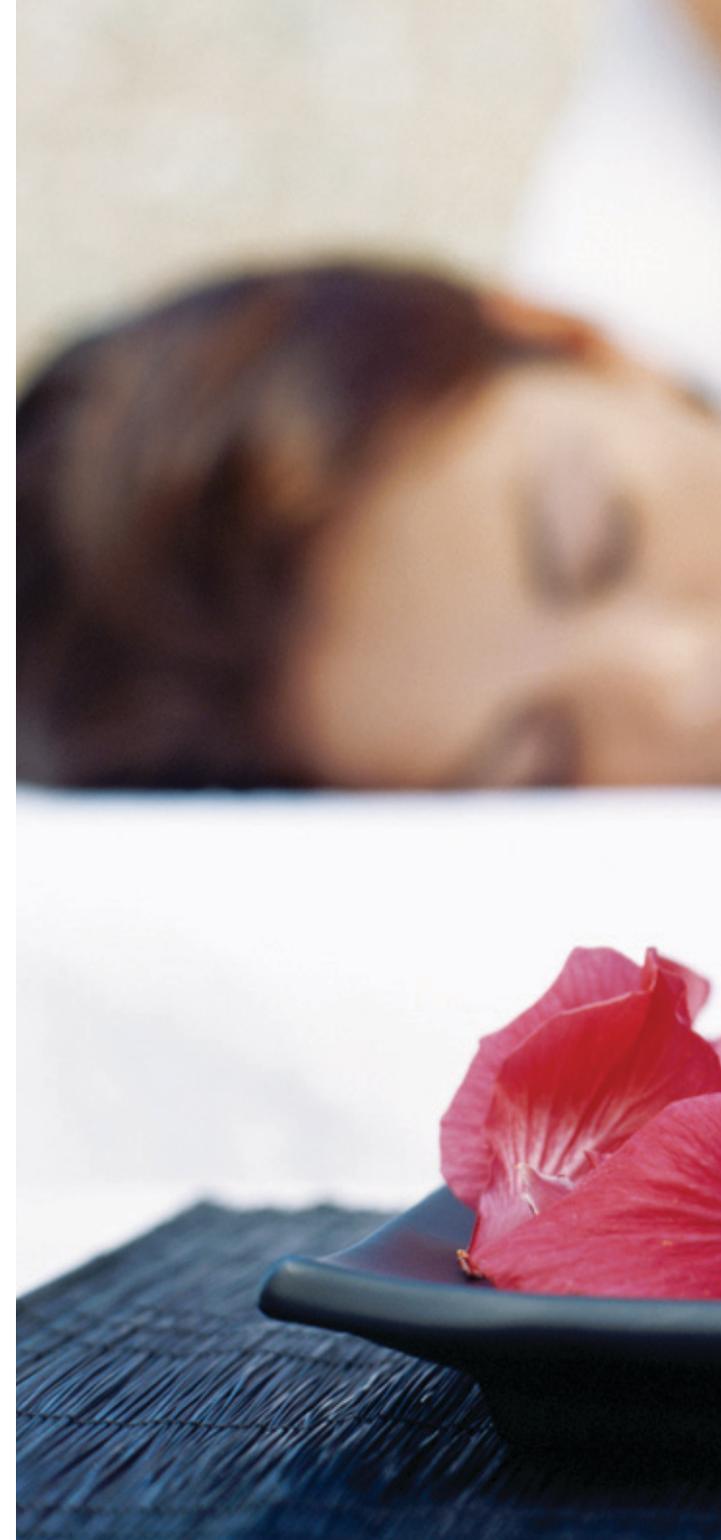
Stretching 50 min

Lymphatic Drainage 50/80 min

### Reflexology Therapy

Using traditional techniques that stimulates certain reflex points on the feet that corresponds with the nervous system and vital organ centres. Its activating action exerts a therapeutic effect on the metabolism.

50 / 80 min





# ALTERNATIVE THERAPIES

## Essence Aroma Massage by Natura Bisse®

Gentle massage with aromatic and therapeutic balms specially designed for relaxing, balancing, detoxifying or revitalizing body, mind and soul, providing a deep well-being. This wonderful therapy balances, restores and revitalizes the central nervous system. Not recommended for pregnant women.

50 / 80 min

### VITAL ESSENTIAL BALM



Aromatic balm herbal citric revitalizing and antioxidant benefits.

Karite butter, Sunflower Oil, Vitamin E, Bergamot Essential Oil and Coriander, Kiwi Essence, Pineapple, Peach and Violet.

### CITRIC ESSENTIAL BALM



Aromatic balm herbal citric relaxing and antioxidant benefits.

(Sweet Orange, Mandarin and Lemon), Lavender Flower, Cipres, Sage and Olive.  
Tonifying and relaxing for the skin.



## Tropical Stones

Heated stones due to their healing and restorative characteristics, are used for massage. When heat is applied to the stones along with aromatic oil and is applied in conjunction with a relaxing and restorative massage that helps to fade muscle pain, tension and accumulated fatigue. Massage described by many as a spiritual and mystical experience.

80 min



## Holistic "Dew Drop" Spa

Immerse yourself on our "Dew Drop" Lymphatic therapy. Experience the therapeutic benefits ritual based on the perfect combination of misting, relaxing massage techniques and pure lymph drainage using the power of essential oils in a massage created with Vassa's exquisiteness to balance body, mind and spirit. An internal reconciliation with yourself.

80 min

## Thai-Shiatsu Therapy

By using the fusion of two ancient cultures, Shiatsu and Traditional Thai, we bring harmony into Vassa Spa. In the sequence of shiatsu, the therapist applies localized pressure on different parts of the body, mostly using their hands (especially their thumbs and palms) and there is a constant dance of manipulations. In Traditional thai, harmonizing different stretching movements allows the release of blocked energy and meridians. This therapy totally liberates you from a state of stress and anxiety, leaving you with absolute inner peace.

80 min

## Stress Buster

Experience the use of warm oils and the benefit of warm herbal essences pads that brings calm, to those tired mussels that helps your body, mind and soul to enter into a process of relaxation.

80 min



# VASSA SPA... PLEASURES FOR THE BODY

## Herbal Extracts Exfoliation using Island Spice

A toning treatment that refines the skin's surface with the use of a fruit or seed extracts exfoliation. This prepares your skin for additional treatments and also bring a soft, healthy and shiny look to your skin.

25 min

## Hawaiian Lomi-Lomi Massage

A special Massage, with a delicious pineapple, mango or coconut butter all over your body. Using a therapeutic-aroma touch, that will transport you into an Aloha Spirit through this rhythmic massage experience.

50 / 80 min

## Papaya Nectar Treatment

This wrap has nutritional and medicinal properties that will help invigorate skin, thanks to its rich components, like papain and enzymes. Start with a honey and papaya exfoliation to reduce signs of aging on the skin, followed by an exquisite papaya nectar mask that will regenerate and relieve the skin. The treatment ends with a moistening cream rich in vitamin C.

50 min

## Slimming Body Wrap

An experience that renews and purifies the skin starting with a refreshing eye compress, continuing with a coffee exfoliation; followed by a purifying Seaweed compound mask, that brings a purifying action. The result of this treatment is a decongested and shiny skin.

50 min



## Chocolate or Coffee Wrap

Delicious special treatment made with active ingredients specially aimed for sensitive and dehydrated skin. Their richness of benefits evokes aromas and gives your skin a revitalized and radiant look. The result: cell renewal stimulating circulation and higher hydration, dermis nourishment and improved skin elasticity.

50 min

## Heat Liberation "Aloe" Wrap.

Provides immediate relief on solar damages and counteracts sensitive skin. The Aloe gel is the main healing ingredient and provides immediate relief to overexposed skin to solar effects, finishing with a soothing coconut cream application.

50 min





## COUPLE SERVICES

### Tropical Journey

A dreamy, pleasurable, exotic and romantic Massage on the beach enhanced by a fine strawberries and bottle of champagne.

50 min



### Soul Mate's Ritual (Signature Treatment)

Special couples massage. This ritual will allow you to enjoy the essence using ylang-ylang combined with Island Herbal spices (Island spices, and fine woods); all this sharpens our senses to take us to a sensual world of pleasure. Using a natural silk body mask to cover your body, it will be an unbeatable experience.

Chocolate fondue and champagne included.

80 min

### Just for 2

Enjoy a relaxing aromatherapy massage surrounded by decoration and candles, accompanied by a chocolate fondue with fruits and a bottle of champagne.

50 min



SENSATORI BEAUTY SALON SPECIALS

# SENSATORI BEAUTY SALON SPECIALS

## Sensatori Manicure (Signature Treatment)

You will be fussed over with this sweet and relaxed experience. Choose your scented salts aroma (Pineapple, vanilla, Hemp) of your treatment. The moisturizing properties of the Scented mask (Pineapple, vanilla, Hemp) will heal your hands finishing with a gentle massage.

**60 min**



### Nails

- Express Manicure
- Express Pedicure
- Nail Polish (Varnish) Change
- French Nail Polish (Varnish) Change
- Shellac Nails
- Acrylic Nail Touch-up or Removal
- Nail Repair (each)

## Sensatori Pedicure (Signature Treatment)

This journey is aimed to spoil your feet, base of our equilibrium which is clearly reflected on your mind and spirit. You can choose what you want: to be relaxed, activated, be inspired or connected. The treatment uses moisturizing benefits to give you a sweet relaxation. The experience ends with light reflexology pressure points to achieve a connection with the earth.

**60 min**

### Hair

Children Haircut

Ladies Haircut

Gentleman Haircut

Wash and Dry

Wash, Blow dry and Straighten

Wash and Iron

- Short Hair
- Medium Hair
- Long Hair

Styling

- Short hair
- Medium Hair
- Long Hair

Hair Extensions

Curtain Extension

Half head

Complete head

Bridal hairstyle

Trial Bridal Hairstyle

Girl's hairstyle

- Short hair
- Medium Hair
- Long Hair

Use of the Beauty Salon equipment inside the Spa per hour

### Makeup

- Girls makeup
- Eye lashes application
- Girls Eye lashes
- Makeup
- Trial Make-up

### Waxing

- Whole leg
- Half leg
- Bikini area
- Back
- Underarm
- Moustache, Lip or chin
- Arm

### Braids

- Braids Each
- Half head
- Complete head



VASSA SPA WEDDING RITUALS

## WEDDING RITUAL

All our Bride packages include the right to use the Bridal Suite and enjoy our Spa Bites menu.

### Bride's Essence

The experience starts with a relaxing massage. It continues with a refreshing facial and ends with a Bridal Hairstyle and Make-up.

**200 min**

### Relaxation ritual for the bride

Start your day with a nourishing body wrap, followed by a special relaxing aromatherapy massage, finishing with a refreshing facial.

**200 min**

### Groom's Ritual

To start a special day let yourself indulge in a therapeutic massage, followed by a Gents Facial, finishing with a manicure of your choice.

**180 min**

### Half Day purification ritual at Bridal's Suite

Your skin will receive a deep cleansing and moisturizing perfect for this day. The ritual consists of back massage, continuing with a hydrating facial, ending with the manicure and pedicure.

**240 min**





# SPA GUIDELINES

## **Schedules**

8:00 to 20:00 h 7 days a week. Appointments should be under reservation and subject to availability.

## **Spa reservations**

For additional information and booking please contact us 1 (876) 620 0100 ext. 8056. Appointments should be done in advance to confirm availability for the services and Schedule of your choice.

## **Welcome to the Spa**

Please arrive 15 minutes prior to your treatment reservation in order to have time to fill in the medical documents needed before your treatment.

## **Sensatori Hydrotherapy Ritual**

We suggest to arrive be 40-60 minutes before your appointment time at the facilities so you can enjoy the Sensatori Hydrotherapy Ritual completely. The ritual is the ideal complement that will relax and heat up the muscles benefiting from the rest of our services and treatments. The hydrothermal experience is complementary to all the treatments of 50 minutes and up. The Water Journey access is only for 18 years or older.

## **Delays**

Please take note that if you arrive late, the length of your treatment will be shortened to avoid inconveniencing the other guests. Treatment cost should still be covered completely.

## **Spa Etiquette**

To preserve harmony at the Spa we kindly ask to turn off cell phones. We recommend the use of bathing suit for the hydrothermal experience. The best way to fully enjoy your Spa experience is arriving on time.

## **Health**

You will be asked to complete a medical form at your arrival to the Spa. Please report to the Spa any special medical condition such as: allergies, pregnancy, high blood pressure or asthma. Some of our treatments are not recommended or suitable for people with special medical conditions.

## **Gift certificates**

Vassa Spa Gift certificates are perfect for any occasion and available for individual treatments, spa or wedding packages or boutique products.

## **Cancellation policy**

Should you wish to cancel or reschedule your appointment we require 2 hr. notice prior to your treatment time. A 100% charge will be applied for a no-show without notice.

A 10% SERVICE CHARGE IS APPLICABLE TO ANY SERVICE. SPA PACKAGES INCLUDE THE USE OF THE HYDROTHERAPY FACILITIES ON BOOKED DAYS ONLY. TAXES AND PRICES ARE IN AMERICAN DOLLARS AND SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.



# SENSATORI MENU FOR CHILDREN

## Between 5 and 9 years old

Aromatherapy massage 25 min.  
Balancing massage 25/50 min.  
Pineapple exfoliation 50 min.

### Body wraps

- Chocolate
- Vanilla
- Pineapple

### Mini-Facial

Cleansing Facial  
"My first Facial" Treatment  
25 min

## Teens from 10 to 17 years old

### Teen Massage

- Serenity Massage
- Aromatherapy Massage

50 min

Facial of fruits from the forest  
50 min

## Beauty Salon

### Hands (Mani)

### Feet (Pedi)

Manicure with hand snowball massage

Pedicure with foot snowball massage

Treatment on hands and feet

25 min

## Between 5 and 9 years old

### Princess for a day spa

Soothe your senses and start with a relaxing scented massage, a hydrating treatment in hands and feet and you will look like a real Princess.

80 min

### A magical day at the spa

Discover the magic with the treatment of your choice (Relaxing, Invigorating or Calming Blends), balancing massage and a wonderful facial treatment and a hydrating treatment on hands and feet.

80 min

### Sweet Honey - spa

Enjoy a delicious experience with a nutritious skin exfoliation with honey, followed by a massage, a refreshing facial, and ending with a pedicure.

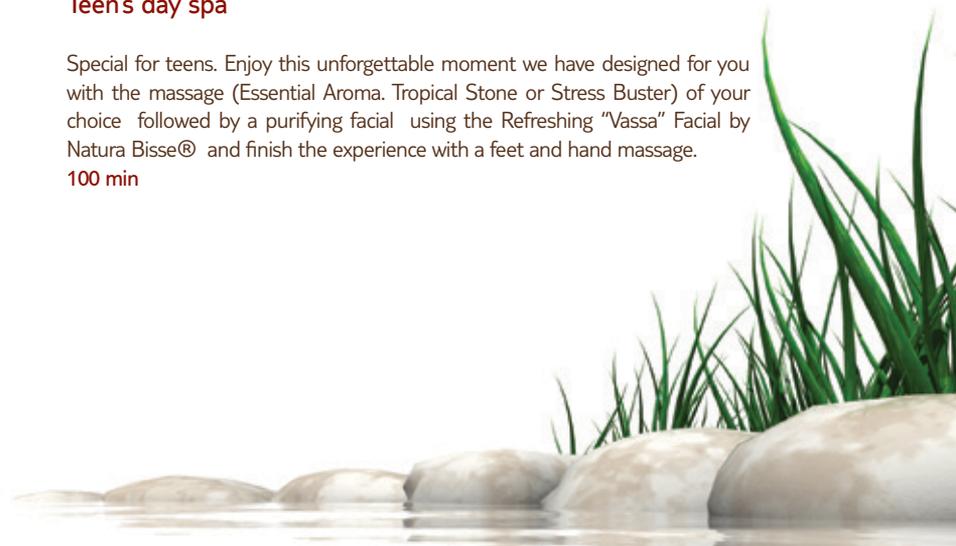
80 min

## Between 10 and 17 years old

### Teen's day spa

Special for teens. Enjoy this unforgettable moment we have designed for you with the massage (Essential Aroma. Tropical Stone or Stress Buster) of your choice followed by a purifying facial using the Refreshing "Vassa" Facial by Natura Bisse® and finish the experience with a feet and hand massage.

100 min



## POLICIES

To provide you full comfort and well-being is our core concern.

- Before you receive any services, parents must sign a special form and should inform us about any special medical conditions such as high blood pressure, allergies, child prescribed medications that can be counterproductive for certain services.
- Security: Parents or guardian should show an identification card for picking up children under the age of 18. Parents are welcome to stay with their children during the treatment.

## SECURITY AND PROTOCOL

Fun and safety goes together. For that reason is important to remember that:

- To Run or jump is prohibited at the Spa Suite.
- At all times therapist instructions should be followed
- Spa equipment is always cauterized. Disposable materials available.

For further information please contact us at  
(876) 620 0100 Ext. 8056



## SENSATORI

For reservations, please contact  
your Personal Concierge